

Dance Health Alliance Practice Standards 2019

Person-centred supports

Dance Health Alliance promotes, upholds and respects the legal and human rights of each participant.

Individual values and beliefs

Dance Health Alliance respects the culture, diversity, values, and beliefs of each participant.

Privacy and dignity

Dance Health Alliance respects and protects the dignity and right to privacy of each participant.

Independence and informed choice

Dance Health Alliance supports each participant to make informed choices as to whether they would like to be a part of a class. Dance Health Alliance respects the participant's right to exercise control and independently come to a decision.

Freedom from violence, abuse, neglect, exploitation or discrimination

Dance Health Alliance provides a safe place for people with a myriad of disabilities which is free from violence, abuse, neglect, exploitation or discrimination.

Governance and operational management

Dance Health Alliance is a not for profit organisation governed by five Board members. The CEO manages a team of trained teachers who facilitate Dance Health Alliance classes across Australia. New South Wales and Queensland have state coordinators who are responsible for managing operations within the respective states.

Risk management

Dance Health Alliance identifies and manages risks to the participants. Risk assessments are conducted at each location where the Dance Health Alliance classes are run to ensure that it is safe for participants and workers

Quality management

The CEO, with the support of the Board, and State coordinators make up the Dance Health Alliance management system. The team is continuously working to improve the Dance Health Alliance program.

Information management

Each participant's information is obtained via the registration form which is filled out by the participant when they start classes with the Dance Health Alliance. This information is identifiable, accurate, current and confidential. It is used, when appropriate, for the purposes of the Dance Health Alliance only.

Complaints management and resolution

Dance Health Alliance welcomes, acknowledged and respects all complaints regarding the program, operational management, and the organisations governance. These matters are addressed in a timely manner.





Incident management

Dance Health Alliance teachers are trained in risk and incident management. They are made aware of the Dance Health Alliance incident report form which is to be filled out and sent to the CEO. The reports are then acknowledged, responded to, managed and learned from.

Human resource management

The Dance Health Alliance teaching team is trained to ensure they are competent in their role. Certified teachers are required to have at least 5 years of dance training. Endorsed teachers do not require any formal dance training.

Continuity of supports

The Dance Health Alliance program is tightly coordinated and classes are scheduled regularly to ensure continuity of access to the program.

Access to supports

Dance Health Alliance provides access to a program that meets the participant's needs, goals and preferences. Each participant is encouraged to work within their own body's limits - several options are provided to each participant to facilitate this.

Support planning

The Dance Health Alliance acknowledges and respects the needs, requirements, preferences, strengths, and goals of each participant. Dance Health Alliance teachers are trained to encourage the participant to set goals. The teachers are then able to incorporate movements in the class which will work towards achieving the participant's goals.

Service agreements

When each participant registers for the Dance Health Alliance program, they are required to sign a contract that outlines what the Dance Health Alliance is, expectations, cost, access, etc.

Responsive support provision

The Dance Health Alliance acknowledges and respects the needs, requirements, preferences, strengths, and goals of each participant. Dance Health Alliance teachers are trained to encourage the participant to set goals. The teachers are then able to incorporate movements in the class which will work towards achieving the participant's goals.

Transitions to and from a provider

Majority of the time, participants or the Care Home coordinate transitions to and from the Dance Health Alliance program. However, if a participant requires assistance to plan and coordinate their transition to and from Dance Health Alliance classes, this can be arranged.

Safe environment

Dance Health Alliance provides a safe place for people with a myriad of disabilities. All facilities have disability access and disability-friendly toilets. The program can be adapted for people who are chair or bed-bound.

Participant money and property

During the Dance Health Alliance classes, the participant's money and the property is secure and used as determined by the participant

